

# School District of Marshfield

Student Services Newsletter | February 2021



## Remote Learning Tips for Parents

### The Basics

- Create an appropriate learning space
- Set a routine/follow a schedule
- Identify daily goals for work completion
- Encourage movement and brain breaks
- Stay connected

Students should be encouraged to connect with peers—study groups, virtual meetings, etc..

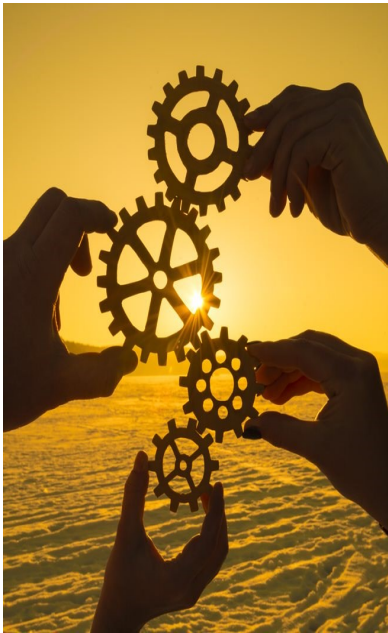
Stay connected as a family—have family fun time, plan time to talk and **check in**

Get connected with school staff

Get to know your student's learning platform (Canvas or Seesaw)

Do not hesitate to ask for help—email or ask for a Teams meeting/call with teachers

- Monitor your student's progress—check-in regularly with student and on learning platform



### When There Are Concerns

- Identify the barriers to success, then you can problem-solve those issues
  - Is the student's home environment conducive to learning (space, schedule, adult support, etc.)?
  - What student issues impact learning (motivation, communication, time, mental health, etc.)?
- Ask for help!!
  - Use the learning platform tools your student uses (Canvas or Seesaw)
  - Communicate and problem solve with teachers
  - Ask for a time to meet with teachers via Teams or phone
- Help your student become organized and prioritize work
  - Help set up a plan with your student and **check in** to make sure it is happening
- Help your student find motivation
  - Help them understand the importance and value of learning for their future
  - Motivation may be connected to your limits, expectations, consequences and encouragement
  - It is vital that you set clear expectations, limits, consequences and supports
  - Best results will come when a student has input in this process

## RELATIONSHIPS MATTER

Whether it is family, friendships, student-teacher connections or belonging in a community—**Relationships matter!**

- Connections with others improve mental health
- Positive school relationships promote learning and productivity
- Healthy families encourage problem –solving and positive coping

Find ways for you and your child/teen to connect and build positive relationships with each other and others!

**REMINDER: The School District of Marshfield Student Services Alcohol & Other Drug Abuse resource page is now active:**

<https://www.marshfieldschools.org/Page/1003>